

Welcome

Take One Action Film Festivals inspires and connects ordinary people through worldclass cinema, creativity and action – to shape a better world, starting from Scotland. We believe small actions lead to big ones, and that we all make a difference.

"Take One Action brings to light stories from across the planet which – like South Africa's injustices, courage & beauty – were once hidden." Archbishop Desmond Tutu

Films and events

FRIDAY 28 NOVEMBER



The Revolutionary Optimists 7PM - 9.15PM, 12+

"inspiring...a vital snapshot of possibilities" Los Angeles Times

Amlan Ganguly doesn't rescue Calcutta's slum children; he empowers them to become change agents, battling poverty and transforming their own neighbourhoods with dramatic results. The inspirational winner of Take One Action's 2014 Audience Award.

SATURDAY 29 NOVEMBER



How To Change The World & Stay Human FREE WORKSHOP 10.30AM - 1.30PM, EDEN COURT, 15+

"Want to change the world? This will rouse you to action" *The Guardian*

New to the idea or practice of "campaigning"? Or need refreshing and inspiring to get back in the saddle? This empowering free workshop will give you the confidence and encouragement to make a real difference.



Advance booking strongly recommended. Book online at takeoneaction.org.uk or via the Eden Court Box Office on 01463 234 234 or in person. £4/£2.50 concessions per screening. A weekend pass (all events) is just £15/£10. Under 15s go free to all events :-) :-) :-)

SATURDAY continued



Once Upon A Forest 11AM - 1PM, ALL AGE SCREENING

"a spectacular natural-history lesson... enthralling... exquisite and richly informative" *The Guardian*

This magical pilgrimage from the director of *March of the Penguins* transports you body and soul into rainforest canopies in the Amazon and Africa to celebrate some of the untold, unseen wonders of trees.



Carbon Conversations: an introduction

FREE WORKSHOP 2.15PM - 4.15PM. EDEN COURT. 17+

Want to cut your household and/or neighbourhood carbon emissions? This workshop introduces you to a series of 6 enjoyable home-group conversations which you can host with friends and neighbours, to safely explore the values, emotions and identity behind our lifestyle choices, as well as the facts that can empower us to change them.



The Price of Sex 2.30PM - 5PM, 15+

"Fearlessly researched and undeniably urgent" Variety

Undercover reporter Mimi Chakarova's award-winning feature doc about the women from Europe and beyond who are drawn into the multi-billion dollar netherworld of global sex trafficking. Intimate and revealing, and compellingly told by the women themselves, who were supposed to be silenced by shame, fear and violence.



Everyday Rebellion 5.30PM-8PM, 12+ (contains nudity)

"One of the most powerful and engaging documentaries to come out of the industry in the last decade" *Hot Docs*

From London, Ukraine and Syria, to the US, Iran and Spain, hailing the revolutionary spirit of clowns, music, ping pong and the human body, *Everyday Rebellion* is a moving and playful celebration of the triumph of creativity over repression, and a vibrant reminder that power must always give way to humanity.



Beyond the Screen: democracy in action

All events incorporate the opportunity for audiences to respond and share ideas for local action. The program is supported by members of our new **Take One Action Inverness Film Club**. Want to get involved or start your own in the Highlands? Email info@takeoneaction.org.uk to find out more.

SUNDAY 30 NOVEMBER



Take One Action Film Clubs

FREE WORKSHOP 11AM - 1PM, EDEN COURT, 18+

"Brings together the most empowering, globally-conscious films of the year" *New Internationalist*

Want to show amazing films that inspire people where **you** live to create a better world? Find out about Take One Action Film Clubs and connect with other cultural organisers and creative changemakers, from Inverness and beyond. **Travel subsidies available** for further information visit *www.takeoneaction.org.uk/festivals*



Aunt Hilda 3PM - 5.15PM. ALL AGE SCREENING

"Consistently original and fun" The Hollywood Reporter

A delightful and riotous animated fable for all ages. Aunt Hilda is passionate about biodiversity. But while she nurtures a fairytale-like plant palace, a powerful global company is developing a new lab-created solution to world hunger, that isn't as innocent as it seems.



Inequality for All 6PM - 8.15PM, 15+

"intelligent, persuasive and accessible" Toronto Star

Robert Reich charts the history of America's rich/poor divide. But this is not just a US story: the UK is one of the most unequal countries in the developed world, with the five richest families now having more wealth than 20% of the population. What can we do about it?



Take One Action Online connects you with local groups, film, creativity and action – to shape a better world – from Scotland.

Whether you're just exploring, or have things you want to share: log on now, and be inspired. **www.takeoneaction.org.uk**

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